

Get Active in April

2025 Calendar

WEEK 1 ACTIVITIES

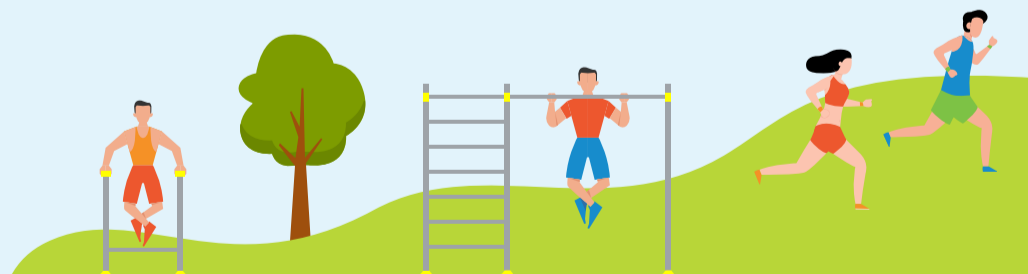


TUESDAY 1ST APRIL	WEDNESDAY 2ND APRIL	THURSDAY 3RD APRIL	FRIDAY 4TH APRIL	SATURDAY 5TH APRIL	SUNDAY 6TH APRIL
Sewing 9.00am – 3.00pm Cobram Senior Citizens	Strength Training 9.00am Numurkah Senior Citizens	Walk and Talk 9.00am Numurkah Senior Citizens	Strength Training 9.00am Numurkah Senior Citizens	Nathalia Park Run 8.00am Nathalia Showgrounds	Come and Try All Abilities Tennis All day Nathalia Lawn Tennis Club
Chair One Fitness Class 9.15am – 10.00am Yarrowonga Bowls Club	Ladies Golf Competition 9.30am Nathalia Golf Club	Morning Melodies 10.00am Numurkah Senior Citizens	Carpet Bowls 1.30pm – 3.30pm Yarrowonga Senior Citizens	Yarrowonga Park Run 8.00am Frank Keenan Reserve	Veterans Tournament All day Nathalia Lawn Tennis Club
Walking Group 9.15am Cobram Community House	Seniors Get Together 1.00pm – 3.00pm Yarrowonga Senior Citizens	Rhyme and Story Time 10.30am Yarrowonga Library	Chair One Fitness Class 9.15am – 10.00am Yarrowonga Bowls Club	TIPS (Diabetes Support Group) Post Park Run Coffee 9.00am Thyme Cafe, Yarrowonga	Mens Golf Competition 9.00am Nathalia Golf Club
Boomerang Bags 10.00am – 2.00pm Numurkah Community Learning Centre	Garden Club 1.30pm Numurkah Senior Citizens	Chatty Cafe 10.30am – 1.00pm Numurkah Community Learning Centre	Craft 10.00am – 12.00pm Nathalia Senior Citizens	Come and Try Yoga 10.00am – 11.00am Thompson's Beach, Cobram	Carpet Bowls 1pm – 3pm Cobram Senior Citizens
Dance Classes 10.30am Danzworx	Lego and Games Club 3.30pm Yarrowonga Library	Acro/Gym Classes 3.00pm – 6.00pm Danzworx	Rhyme and Story Time 10.30am Cobram Library	Come and Try Yoga 11.00am – 12.00am Thompson's Beach, Cobram	
Billiards 1.00pm Numurkah Senior Citizens	Chess Club 4.00pm – 5.00pm Cobram Library	Lego Club 4.00pm – 5.00pm Cobram Library	Dance Classes 4.00pm – 4.30pm Danzworx	Bowls and a Cuppa 1.30pm Numurkah Senior Citizens	
Carpet Bowls 1.30pm – 3.30pm Yarrowonga Senior Citizens	Dance Classes 4.00pm – 8.00pm Danzworx				
Dance Classes 4.00pm – 7.45pm Danzworx					
Table Tennis 6.30pm Numurkah Senior Citizens					

■ Cobram
 ■ Nathalia
 ■ Numurkah
 ■ Yarrowonga

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YMCA Victoria

Nathalia Sport & Community Centre
nathalia.ymca.org.au

Numurkah Aquatic & Fitness Centre
numurkah.ymca.org.au

Cobram Sport Stadium
cobram.ymca.org.au



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WEEK 2 ACTIVITIES

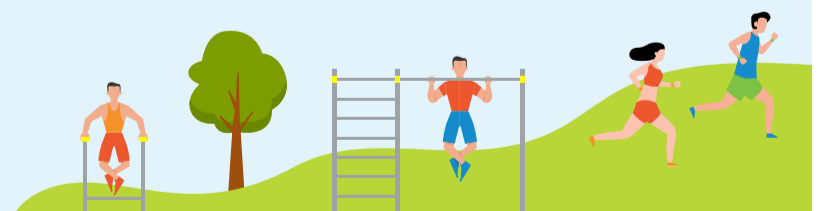


MONDAY 7TH APRIL	TUESDAY 8TH APRIL	WEDNESDAY 9TH APRIL	THURSDAY 10TH APRIL	FRIDAY 11TH APRIL	SATURDAY 12TH APRIL
Strength Training 9.00am Numurkah Senior Citizens	Come and Try Croquet 9.00am Numurkah Croquet Club	Strength Training 9.00am Numurkah Senior Citizens	Walk and Talk 9.00am Numurkah Senior Citizens	Strength Training 9.00am Numurkah Senior Citizens	Nathalia Park Run 8.00am Nathalia Showgrounds
Active Art Workshop 10.00am – 12.00pm Wunghnu Cafe	Sewing 9.00am – 3.00pm Cobram Senior Citizens	Multi-Sports Holiday Program 9.00am – 3.00pm Cobram Sports Stadium	Multi-Sports Holiday Program 9.00am – 3.00pm Cobram Sports Stadium	Multi-Sports Holiday Program 9.00am – 3.00pm Cobram Sports Stadium	Yarrowonga Park Run 8.00am Frank Keenan Reserve
Knitting 10.00am – 2.00pm Yarrowonga Senior Citizens	Multi-Sports Holiday Program 9.00am – 3.00pm Cobram Sports Stadium	Multi-Sports Holiday Program 9.00am – 3.00pm Yarrowonga P-12 ECA Centre	Multi-Sports Holiday Program 9.00am – 3.00pm Yarrowonga P-12 ECA Centre	Chair One Fitness Class 9.15am – 10.00am Yarrowonga Bowls Club	TIPS (Diabetes Support Group) Post Park Run Coffee 9.00am Thyme Cafe, Yarrowonga
Multi-Sports Holiday Program 9.00am – 3.00pm Cobram Sports Stadium	Multi-Sports Holiday Program 9.00am – 3.00pm Yarrowonga P-12 ECA Centre	Ladies Golf Competition 9.30am Nathalia Golf Club	Numurkah Family Fun Day 10.00am – 12.00pm Apex Park, Numurkah	Craft 10am – 12pm Nathalia Senior Citizens	Mosaic Birdbath Workshop (Two days) 10.00am – 3.00pm Cobram
Active Art Workshop 10.30am – 12.30pm Apex Park, Numurkah	Chair One Fitness Class 9.15am – 10.00am Yarrowonga Bowls Club	Rhyme and Story Time 10.00am Numurkah Library	Rhyme and Story Time 10.30am Yarrowonga Library	Active Art Workshop 10.30am – 12.30pm The Beach Cafe, Cobram	Bowls and a Cuppa 1.30pm Numurkah Senior Citizens
TIPS (Diabetes Support Group) Morning Tea 10.30am Yarrowonga Bakery	Walking Group 9.15am Cobram Community House	Mario Kart Tournament 11.00am Cobram Library	Active Volcanoes 11.00am Cobram Library	Paper Flute Making 10.30am Yarrowonga Library	SUNDAY 13TH APRIL
Choir 1.00pm – 3.00pm Cobram Senior Citizens	3D Koalas & Wombats 11.00am Cobram Library	Seniors Get Together 1.00pm – 3.00pm Yarrowonga Senior Citizens	Paper Flute Making 11.00am Nathalia Library	Rhyme and Story Time 10.30am Cobram Library	Mens Golf Competition 9am Nathalia Golf Club
	Billiards 1.00pm Numurkah Senior Citizens	Lego and Games Club 3.30pm Yarrowonga Library	Community Lunch 11.30am – 1.00pm Numurkah Community Learning Centre	Carpet Bowls 1.30pm – 3.30pm Yarrowonga Senior Citizens	Mosaic Birdbath Workshop (Two days) 10.00am – 3.00pm Cobram
	Carpet Bowls 1.30pm – 3.30pm Yarrowonga Senior Citizens	Chess Club 4.00pm – 5.00pm Cobram Library	Lego Club 4.00pm – 5.00pm Cobram Library		Carpet Bowls 1pm – 3pm Cobram Senior Citizens
	Volatile Volcanoes 2.00pm Nathalia Library				
	Bird Flyers 2.00pm Numurkah Library				
	Table Tennis 6.30pm Numurkah Senior Citizens				

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Get Active in April

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WEEK 3 ACTIVITIES

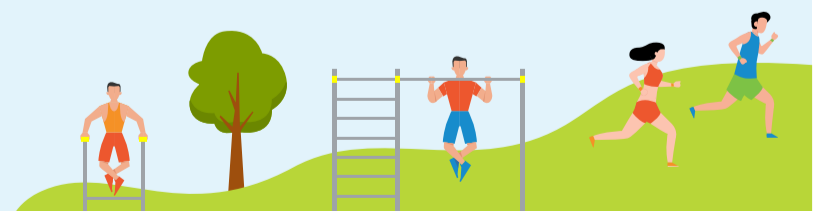


MONDAY 14TH APRIL	TUESDAY 15TH APRIL	WEDNESDAY 16TH APRIL	THURSDAY 17TH APRIL	FRIDAY 18TH APRIL <small>GOOD FRIDAY</small>	SATURDAY 19TH APRIL
Strength Training 9.00am Numurkah Senior Citizens	Come and Try Croquet 9.00am Numurkah Croquet Club	Strength Training 9.00am Numurkah Senior Citizens	Walk and Talk 9.00am Numurkah Senior Citizens	Centenary Easter Tournament All day Nathalia Lawn Tennis Club	Centenary Easter Tournament All day Nathalia Lawn Tennis Club
Knitting 10.00am – 2.00pm Yarrowonga Senior Citizens	Sewing 9.00am – 3.00pm Cobram Senior Citizens	Multi-Sports Holiday Program 9.00am – 3.00pm Cobram Sports Stadium	Multi-Sports Holiday Program 9.00am – 3.00pm Cobram Sports Stadium	Chair One Fitness Class 9.15am – 10.00am Yarrowonga Bowls Club	Annual Easter Lions Club Market 8.00am – 1.00pm Federation Park, Cobram
Multi-Sports Holiday Program 9.00am – 3.00pm Cobram Sports Stadium	Multi-Sports Holiday Program 9.00am – 3.00pm Cobram Sports Stadium	Multi-Sports Holiday Program 9.00am – 3.00pm Yarrowonga P-12 ECA Centre	Multi-Sports Holiday Program 9.00am – 3.00pm Yarrowonga P-12 ECA Centre	Craft 10.00am – 12.00pm Nathalia Senior Citizens	Nathalia Park Run 8.00am Nathalia Showgrounds
Yarrowonga Launch 10.00am – 12.00pm Yarrowonga P-12 College, 5-8 Campus	Multi-Sports Holiday Program 9.00am – 3.00pm Yarrowonga P-12 ECA Centre	Ladies Golf Competition 9.30am Nathalia Golf Club	Chatty Cafe 10.30am - 1.00pm Numurkah Community Learning Centre		Yarrowonga Park Run 8.00am Frank Keenan Reserve
Choir 1.00pm – 3.00pm Cobram Senior Citizens	Walking Group 9.15am Cobram Community House	Nathalia Family Fun Day 10.00am – 12.00pm Nathalia Showgrounds	Rhyme and Story Time 10.30am Nathalia Library		TIPS (Diabetes Support Group) Post Park Run Coffee 9.00am Thyme Cafe, Yarrowonga
	Chair One Fitness Class 9.15am – 10.00am Yarrowonga Bowls Club	Seniors Get Together 1.00pm – 3.00pm Yarrowonga Senior Citizens	Rhyme and Story Time 10.30am Yarrowonga Library		Numurkah 150th Celebrations: Looking Around Day 1.00pm – 4.00pm Various Numurkah locations
	Cobram Family Fun Day 10.00am – 12.00pm Federation Park, Cobram	Mario Kart Tournament 2.30pm Cobram Library	Paper Bird Flyers 11.00am Cobram Library		
	Pterodactyl Puppets 11.00am Cobram Library	Lego and Games Club 3.30pm Yarrowonga Library	Lego Club 4.00pm – 5.00pm Cobram Library		
	Billiards 1.00pm Numurkah Senior Citizens				SUNDAY 20TH APRIL <small>EASTER SUNDAY</small>
	Carpet Bowls 1.30pm – 3.30pm Yarrowonga Senior Citizens	Chess Club 4.00pm – 5.00pm Cobram Library			Centenary Easter Tournament All day Nathalia Lawn Tennis Club
	Easter Sun Catchers 2.00pm Numurkah Library				Mens Golf Competition 9am Nathalia Golf Club
	Table Tennis 6.30pm Numurkah Senior Citizens				Numurkah 150th Celebrations: Tour Day 10.00pm – 4.00pm Various Numurkah locations

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WEEK 4-5 ACTIVITIES

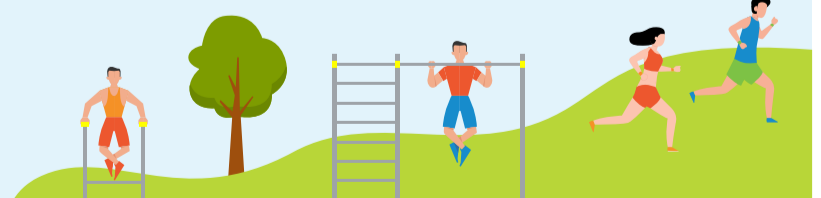


MONDAY 21ST APRIL	WEDNESDAY 23RD APRIL	THURSDAY 24TH APRIL	SATURDAY 26TH APRIL	TUESDAY 29TH APRIL	WEDNESDAY 30TH APRIL
<p>EASTER MONDAY</p> <p>Centenary Easter Tournament All day Nathalia Lawn Tennis Club</p> <p>Numurkah 150th Celebrations: Historical Society Day 1.00pm – 4.00pm Numurkah Museum</p>	<p>Strength Training 9.00am Numurkah Senior Citizens</p> <p>Ladies Golf Competition 9.30am Nathalia Golf Club</p> <p>Seniors Get Together 1.00pm – 3.00pm Yarrawonga Senior Citizens</p> <p>Lego and Games Club 3.30pm Yarrawonga Library</p> <p>Chess Club 4.00pm – 5.00pm Cobram Library</p> <p>Dance Classes 4.00pm – 8.00pm Danzworx</p>	<p>Walk and Talk 9.00am Numurkah Senior Citizens</p> <p>Community Lunch 11.30am - 1.30pm Numurkah Community Learning Centre</p> <p>Rhyme and Story Time 10.30am Yarrawonga Library</p> <p>Acro/Gym Classes 3.00pm – 6.00pm Danzworx</p> <p>Lego Club 4.00pm – 5.00pm Cobram Library</p> <p>Free Karate/Muay Thai 4.45pm – 6.45pm Cobram Showgrounds</p> <p>Free Karate/Muay Thai 5.30pm – 6.30pm Yarrawonga Showgrounds</p>	<p>Lions Club Market 8.00am – 1.00pm Federation Park, Cobram</p> <p>Nathalia Park Run 8.00am Nathalia Showgrounds</p> <p>Yarrawonga Park Run 8.00am Frank Keenan Reserve</p> <p>TIPS Post Park Run Coffee 9.00am Thyme Cafe, Yarrawonga</p> <p>Bowls and a Cuppa 1.30pm Numurkah Senior Citizens</p>	<p>Come and Try Croquet 9.00am Numurkah Croquet Club</p> <p>Sewing 9.00am – 3.00pm Cobram Senior Citizens</p> <p>Walking Group 9.15am Cobram Community House</p> <p>Chair One Fitness Class 9.15am – 10.00am Yarrawonga Bowls Club</p> <p>Dance Classes 10.30am Danzworx</p> <p>Billiards 1.00pm Numurkah Senior Citizens</p> <p>Carpet Bowls 1.30pm – 3.30pm Yarrawonga Senior Citizens</p> <p>Dance Classes 4.00pm – 7.45pm Danzworx</p> <p>Free Karate/Muay Thai 4.45pm – 6.15pm Yarrawonga Showgrounds</p> <p>Table Tennis 6.30pm Numurkah Senior Citizens</p>	<p>Strength Training 9.00am Numurkah Senior Citizens</p> <p>Ladies Golf Competition 9.30am Nathalia Golf Club</p> <p>Seniors Get Together 1.00pm – 3.00pm Yarrawonga Senior Citizens</p> <p>Lego and Games Club 3.30pm Yarrawonga Library</p> <p>Chess Club 4.00pm – 5.00pm Cobram Library</p> <p>Dance Classes 4.00pm – 8.00pm Danzworx</p> <p>Free Karate/Muay Thai 5.30pm – 6.45pm Cobram Showgrounds</p>
<p>TUESDAY 22ND APRIL</p> <p>Come and Try Croquet 9.00am Numurkah Croquet Club</p> <p>Sewing 9.00am – 3.00pm Cobram Senior Citizens</p> <p>Walking Group 9.15am Cobram Community House</p> <p>Chair One Fitness Class 9.15am – 10.00am Yarrawonga Bowls Club</p> <p>Dance Classes 10.30am Danzworx</p> <p>Billiards 1.00pm Numurkah Senior Citizens</p> <p>Carpet Bowls 1.30pm – 3.30pm Yarrawonga Senior Citizens</p> <p>Dance Classes 4.00pm – 7.45pm Danzworx</p> <p>Table Tennis 6.30pm Numurkah Senior Citizens</p>		<p>FRIDAY 25TH APRIL</p> <p>ANZAC DAY</p>	<p>SUNDAY 27TH APRIL</p> <p>Mens Golf Competition 9am Nathalia Golf Club</p> <p>Carpet Bowls 1.00pm – 3.00pm Cobram Senior Citizens</p>		
			<p>MONDAY 28TH APRIL</p> <p>Strength Training 9.00am Numurkah Senior Citizens</p> <p>Knitting 10.00am – 2.00pm Yarrawonga Senior Citizens</p> <p>Choir 1.00pm – 3.00pm Cobram Senior Citizens</p> <p>Dance Classes 5.00pm – 8.00pm Danzworx</p> <p>Free Karate/Muay Thai 4.45pm – 7.45pm Cobram Showgrounds</p>		

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