

# MOVE MOIRA

Get Active in April



**moira**  
SHIRE



**NCN** Health  
Nathalia  
Cobram  
Numurkah



**YARRAWONGA**  
HEALTH

**Join us for a fun filled day of activities, connect with local groups and clubs, and enjoy the benefits of being active.**

## EVENT:

Community Activities at the Rec Reserve - FREE for all

## VENUE:

Nathalia Football Ground/Rec Reserve

## DATE:

Wednesday April 16

## TIME:

10am - 12pm

## COME AND TRY:

Hot Shot Tennis and Games | Nathalia Martial Arts | Smoothie Bike | Giant Lawn Games | AFL | Maternal Child Health | Pilates



**Valley Sport**

Goulburn Valley Sports Assembly Inc.

