

# MOVE MOIRA

Get Active in April



**moira**  
SHIRE



**NCN** Health  
Nathalia  
Cobram  
Numurkah



**YARRAWONGA**  
HEALTH

**Join us for a fun filled day of activities, connect with local groups and clubs, and enjoy the benefits of being active.**

**EVENT:** Free Community Fun and Activities

**VENUE:** Numurkah Apex Park

**DATE:** Thursday April 10

**TIME:** 10am - 1pm



**COME AND TRY:**

Balloon Blaster | Valley Sport Activities | Drumming  
Smoothie Bike | Giant Lawn Games | Maternal Child  
Health | Primary Care Connect | Pilates



**Valley Sport**  
Goulburn Valley Sports Assembly Inc. 